



Starters

Homemade Soup Of The Day 7.50 VE GF+
with crusty bread & Welsh butter

Panko Calamari 8.95
with citrus aioli

Selwyn's Penclawdd Cockles, Laverbread & Bacon 9.75 GF+
topped with Welsh Dragon mature cheddar cheese, served with ciabatta bread

Classic Prawn Cocktail 9.75 GF+
Atlantic prawns in a Marie rose sauce with crispy salad & wholemeal bread

Southern Style Chicken Strips 8.75
with Stokes barbecue sauce & slaw

Cauliflower Wings 8.75 GF VE
crispy breaded cauliflower bites with Stokes chilli jam

Pub Favourites

Chef's Own Chicken Curry 16.95 GF+
with mini naan bread (medium hot)

Chef's House Vegetarian Curry 16.95 VE GF+
sweet potato, butternut squash, spinach & lentils served with mini naan bread (medium hot)

Welsh Steak & Ale Pie 17.50
slow braised with onions in a rich local dark ale & peas

Spicy Welsh Beef Chilli Con Carne 16.95 GF
with Welsh cheddar cheese & sour cream

Chicken Fillet 18.50
wrapped in cured ham with a Welsh cheddar & leek sauce with fresh vegetables

Battered Fish & Chips 18.50
fillet of cod (may contain bones) in a beer batter with homemade tartare sauce & peas

Breaded Whitby Wholetail Scampi 17.50
with homemade tartare sauce & peas

Served with a choice of: chunky chips, mash, rice, new potatoes or salad

Upgrade your chips to sweet potato fries for £1.75

Sides

Chunky Chips 4.00
Sweet Potato Fries 5.25
Onion Rings 4.00
Garlic Ciabatta 4.25
Cheesy Garlic Ciabatta 5.00
Bowl of Olives 4.50

Peppercorn Sauce 4.25
Chimichurri Sauce 4.25
Side of Vegetables 4.75
Side Salad 4.75
Homemade Coleslaw 2.50

Dietary Requirements

GF - Gluten Free; GF+ - Gluten free option available; V - Vegetarian; VE - Vegan; VE+ - Vegan option available
Any further allergy and intolerance information is available on request. Please ask a member of staff for details.

Salads

Greek Salad 14.95 V GF+
Greek feta cheese with tomatoes, cucumber, marinated Kalamata olives, peppers, red onion & crisp lettuce with balsamic & oregano dressing

Chicken Caesar Salad 17.50 GF+
chargrilled chicken breast, anchovies, bacon bits, crisp baby gem lettuce, parmesan, croutons & Caesar dressing

King Arthur Salad Bowl 13.95 VE GF
chargrilled tenderstem broccoli, edamame beans, roasted butternut squash, quinoa, carrot, baby leaves, pomegranate, hummus, lemon & coriander dressing
add Chicken, Salmon or Halloumi +5

Light Bites

Nachos with Homemade Spicy Welsh Beef Chilli 10.95 GF
with jalapenos, Cheddar cheese & sour cream

Cheese Nachos 9.95 V GF
with nacho cheese sauce, jalapenos, salsa & sour cream

Welsh Cheese & Biscuits 9.95
selection of Welsh cheeses, fruit, chutney & crackers

From Our Char grill

Choose one of our 28 day matured **CELTIC PRIDE** steaks sourced sensibly from Welsh farms across the country.

8oz Rump 18.95 GF+

10oz Rib Eye 28.50 GF+

Served with flat mushroom, peas, onion rings & chunky chips
Peppercorn Sauce or Chimichurri Sauce 4.25

10oz Gammon Steak 16.95 GF
with grilled pineapple or fried free range egg, peas & chunky chips

Burgers

Welsh Bacon Double Cheeseburger 16.95
with crisp lettuce, tomato, onion, Chef's burger sauce & chunky chips

Chicken Burger 16.50
southern fried chicken strips with Stokes barbecue sauce, crisp lettuce, tomato, onion & chunky chips

The Oumph! Burger 16.50 VE GF+
with crisp lettuce, tomato, southern fried onion nest, tomato salsa & chunky chips



Available 12pm-5pm

Sandwiches

choice of white or malted bloomer,
served with home cut chips

Atlantic Prawns 9.95 GF+

with Marie rose sauce

Fish Fingers 9.95

with homemade tartare sauce

Focaccias

freshly baked rosemary & sea salt focaccia
served with Piper's sea salt crisps

Mozzarella, Tomato & Rocket 8.95 VE+GF+

with pesto mayo

Hand-Carved Ham 9.50 GF+

with mustard mayo & rocket

Ciabattas

toasted garlic ciabatta served with home cut chips

Chicken, Bacon & Cheese Melt 9.95 GF+

chargrilled chicken, streaky bacon, melted Welsh
mature cheddar

Steak & Cheese Melt 9.95 GF+

Welsh rump steak, chargrilled with caramelised
onions & melted Welsh mature cheddar