

KING ARTHUR

EAT | DRINK | STAY | CELEBRATE

Starters

Homemade Soup Of The Day 8.00 VE GF+
with crusty bread & Welsh butter

Panko Calamari 9.95
with citrus aioli

Selwyn's Penclawdd Cockles, Laverbread & Bacon 10.75 GF+
topped with Welsh dragon mature cheddar cheese,
served with ciabatta bread

Classic Prawn Cocktail 10.25 GF+
Atlantic prawns in a Marie rose sauce with crispy
salad & malted bloomer

Southern Style Chicken Strips 9.25
with Stokes barbecue sauce & slaw

Cauliflower & Broccoli Wings 9.25 GF VE
crispy breaded cauliflower & broccoli bites with
Stokes chilli jam

Light Bites

Nachos with Homemade Spicy Welsh Beef Chilli 10.95
with jalapenos, Cheddar cheese & sour cream

Cheese Nachos 9.95 V
with nacho cheese sauce, jalapenos, salsa &
sour cream

Pint of Shell on Prawns 14.75 GF+
with salad garnish, fresh bread & Marie rose sauce

Burrata & Heritage Tomato Salad 11.95 GF V
whole burrata with heritage tomatoes marinated in
sherry vinegar, extra virgin olive oil, fresh basil & herbs

Salads

Chicken Caesar Salad 17.50 GF+
chargrilled chicken breast, anchovies, bacon bits,
crisp baby gem lettuce, parmesan, croutons & Caesar
dressing

King Arthur Salad Bowl 13.95 VE GF
Roasted butternut squash, summer quinoa, carrot,
baby leaves, pomegranate, edamame beans,
cucumber, tomato, marinated olives, spring onions,
pumpkin seeds with, chilli, lime & coriander dressing

add Chicken or Salmon +6.50
add Burrata, Halloumi or Feta +5

Sandwiches

Available 12pm - 5pm

choice of white or malted bloomer,
served with chunky chips

Atlantic Prawns 10.95 GF+
with Marie rose sauce

Hand-Carved Ham 9.95 GF+
with mustard mayo & rocket

Cod Fish Fingers 12.95
with homemade tartare sauce

Ciabattas

Available 12pm - 5pm

toasted garlic ciabatta served with chunky chips

Chicken, Bacon & Cheese Melt 12.95 GF+
chargrilled chicken, streaky bacon, melted Welsh
mature cheddar

Steak & Cheese Melt 12.95 GF+
Welsh rump steak, chargrilled with caramelised
onions & melted Welsh mature cheddar

Flat Bread

Available 12pm - 5pm

toasted sourdough flat bread served with crisps

Mozzarella, Rocket, Vine Tomato, Basil 9.25 GF+

Burgers

Welsh Bacon Double Cheeseburger 17.95
with crisp lettuce, tomato, onion, Chef's burger sauce
& chunky chips

Chicken Burger 17.50 GF+
marinated cajun chicken thigh with ranch dressing, crisp
lettuce, tomato, onion & chunky chips

Shiitake Mushroom Burger 17.50 VE GF+
with crisp lettuce, tomato, pickled vegetables & teryaki
sauce, chunky chips

Upgrade your chips to sweet potato fries for £2.00



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Pub Favourites

Chef's Own Chicken Curry 17.50 GF+
with mini naan bread (medium hot)

Homemade Welsh Steak & Ale Pie 19.50
slow braised with onions in a rich local dark ale & peas

Chicken Fillet 18.95 GF
wrapped in cured ham with a Welsh cheddar & leek sauce with fresh vegetables

Battered Fish & Chips 18.50
fillet of hake (may contain bones) in a beer batter with homemade tartare sauce & peas

Breaded Whitby Wholetail Scampi 18.50
with homemade tartare sauce & peas

Homemade Spicy Welsh Beef Chilli Con Carne 17.50 GF
with Welsh cheddar cheese & sour cream

Chef's House Vegetarian Spicy Chilli 17.50 VE+ GF
mixed beans, peppers & plant based mince with Welsh cheddar cheese & sour cream

All above served with a choice of: chunky chips, mash, rice, new potatoes or salad

Specials

From the Sea 26.95 GF
grilled fillets of seabass, cockle & chive beurre blanc, seasonal vegetables

From the Land 26.95 GF
pan roast lamb chops, Brecon honey, garlic & thyme jus, seasonal vegetables

Served with a choice of: chunky chips, mash or new potatoes

From the Garden 17.95 VE+
roasted Mediterranean vegetable risotto, pesto, parmesan

Sides

Chunky Chips 4.25
Sweet Potato Fries 5.75
Onion Rings 5.00
Garlic Ciabatta 4.75
Cheesy Garlic Ciabatta 5.50

Peppercorn Sauce 4.75
Bearnaise Butter 4.75
Side of Vegetables 5.25
Side Salad 5.00
Homemade Coleslaw 2.95

Bowl of Olives 4.75
Whole mixed olives in extra virgin olive oil with rosemary and garlic

Dietary Requirements

GF - Gluten Free; GF+ - Gluten free option available; V - Vegetarian; VE - Vegan; VE+ - Vegan option available
Any further allergy and intolerance information is available on request. Please ask a member of staff for details.



From Our Chargrill

Our steaks are **CELTIC PRIDE** steaks sourced sensibly from Welsh farms across the country.

8oz Rump 19.95 GF

8oz 35 Dry Aged Sirloin 28.95 GF

8oz Fillet 37.50 GF

Served with rocket, pickled red onion salad, chunky chips

Add a sauce:
peppercorn sauce or bearnaise butter 4.75

10oz Gammon Steak 17.50 GF
with grilled pineapple or fried free range egg, peas & chunky chips

Desserts

Gower Cottage Chocolate & Walnut Brownie 7.95 GF

Strawberry Meringue with Fresh Fruit 7.95 GF

Baked New York Vanilla Cheesecake 7.95

Key Lime Pie 7.95

Belgium Waffle, Biscoff Sauce & Crumb, Ice Cream 7.95

Salted Caramel & Chocolate Tart 7.95 VE GF

Lemon Tart 7.95 VE GF

(Served with a choice of cream or ice cream)

Welsh Cheese & Biscuits 9.95
selection of Welsh cheeses, fruit, chutney & crackers

Joe's Ice Cream

2 Scoops 4.25 3 Scoops 6.25

vanilla, strawberry, chocolate, mint choc chip, biscoff,

Sorbets

2 Scoops 4.25 3 Scoops 6.25

raspberry, blackcurrant, blood orange or mango

Selection of Mario Welsh Vegan Ice-creams also available