KING ARTHUR
EAT | DRINK | STAY | CELEBRATE

## Starters

**Homemade Soup Of The Day 8.00 VE GF+**
with crusty bread & Welsh butter

**Panko Calamari 9.95**
with citrus aioli

**Selwyn's Penclawdd Cockles, Laverbread & Bacon 10.75 GF+**
topped with Welsh Dragon mature cheddar cheese, served with ciabatta bread

**Classic Prawn Cocktail 10.25 GF+**
Atlantic prawns in a Marie rose sauce with crispy salad & malted bloomer

**Salt & Chilli Chicken Wings 9.25**
with sour cream & chive

**Cauliflower & Broccoli Wings 9.25 GF VE**
crispy breaded cauliflower & broccoli bites with Stokes chilli jam

**Bread with Marinated Olives 8.95 VE**
freshly baked flatbread & ciabatta, extra virgin olive oil & balsamic, whole mixed olives in extra virgin olive oil with rosemary & garlic

## Salads

**Chicken Caesar Salad 17.50 GF+**
chargrilled chicken breast, anchovies, bacon bits, crisp baby gem lettuce, parmesan, croutons & Caesar dressing

**King Arthur Winter Salad 13.95 VE GF**
roasted butternut squash with curried quinoa, chickpeas, edamame beans, colourful peppers and baby leaves. Finished with pomegranate, toasted pumpkin seeds and a lemon, sweet chilli & coriander dressing.

*add Chicken or Salmon +6.50*
*add Burrata, Halloumi or Feta +5*

## Light Bites

**Nachos with Homemade Spicy Welsh Beef Chilli 10.95 (May Contain Gluten)**
with jalapenos, Cheddar cheese & sour cream

**Cheese Nachos 9.95 V (May Contain Gluten)**
with nacho cheese sauce, jalapenos, salsa & sour cream

**Welsh Cheese & Biscuits 9.95**
selection of Welsh cheeses, fruit, chutney & crackers

**Burrata & Heritage Tomato Salad 11.95 GF V**
whole burrata with heritage tomatoes marinated in sherry vinegar, extra virgin olive oil, fresh basil & herbs

## Sandwiches

Available 12pm - 5pm

choice of white or malted bloomer, served with home cut chips

**Atlantic Prawns 10.95 GF+**
with Marie rose sauce

**Hand-Carved Ham 9.95 GF+**
with mustard mayo & rocket

**Fish Fingers 12.95**
with homemade tartare sauce

## Ciabattas

Available 12pm - 5pm

toasted garlic ciabatta served with home cut chips

**Chicken, Bacon & Cheese Melt 12.95 GF+**
chargrilled chicken, streaky bacon, melted Welsh mature cheddar

**Steak & Cheese Melt 12.95 GF+**
Welsh rump steak, chargrilled with caramelised onions & melted Welsh mature cheddar

## Flat Bread

Available 12pm - 5pm

toasted sourdough flat bread served with crisps

**Mozzarella, Rocket, Vine Tomato, Basil 9.25 GF+**

## Dietary Requirements

GF - Gluten Free; GF+ - Gluten free option available; V - Vegetarian; VE - Vegan; VE+ - Vegan option available
Any further allergy and intolerance information is available on request. Please ask a member of staff for details.

www.kingarthurhotel.co.uk | 01792 390775 | info@kingarthurhotel.co.uk

# KING ARTHUR
EAT | DRINK | STAY | CELEBRATE

## Pub Favourites

**Chef's Own Chicken Curry 17.50 GF+**
with mini naan bread (medium hot)

**Chef's House Vegetarian Spicy Chilli 17.50 VE+ GF+**
mixed beans, peppers & plant based mince with Welsh cheddar cheese & sour cream

**Homemade Spicy Welsh Beef Chilli Con Carne 17.50 GF**
with Welsh cheddar cheese & sour cream

**Homemade Welsh Steak & Ale Pie 19.50**
slow braised with onions in a rich local dark ale & seasonal greens

**Homemade Welsh Beef Lasagne 19.50**
with garlic ciabatta shards

**Chicken Fillet 18.95**
wrapped in cured ham with a Welsh cheddar & leek sauce with fresh vegetables

**Battered Fish & Chips 18.50**
fillet of hake (may contain bones) in a beer batter with homemade tartare sauce & peas

**Breaded Whitby Wholetail Scampi 18.50**
with homemade tartare sauce & peas

*Served with a choice of: home cut chips, mash, rice, new potatoes or salad*

*Upgrade your chips to sweet potato fries for £2.00*

## From Our Chargrill

Our steaks are **CELTIC PRIDE** steaks sourced sensibly from Welsh farms across the country.

**8oz Rump 19.95 GF+**

**8oz Dry Aged Sirloin 28.95 GF+**

*Served with Rocket, Pickled Red Onion Salad*

Add a sauce:
Peppercorn Sauce or Bearnaise Butter 4.75

**10oz Gammon Steak 17.50 GF**
with grilled pineapple or fried free range egg, peas & home cut chips

## Burgers

**Welsh Bacon Double Cheeseburger 17.95**
with crisp lettuce, tomato, onion, Chef's burger sauce & home cut chips

**Lamb & Rosemary Burger 17.50**
with crisp lettuce, tomato & onion, bloody mary ketchup & home cut chips

**Chicken Burger 17.50**
marinated cajun chicken thigh with ranch dressing, crisp lettuce, tomato, onion & home cut chips

**Shiitake Mushroom Burger 17.50 VE GF+**
with crisp lettuce, tomato, pickled vegetables, teryaki sauce & home cut chips

## Sides

**Home Cut Chunky Chips 4.25**
**Sweet Potato Fries 5.75**
**Onion Rings 5.00**
**Garlic Ciabatta 4.75**
**Cheesy Garlic Ciabatta 5.50**

**Peppercorn Sauce 4.75**
**Bearnaise Butter 4.75**
**Side of Vegetables 5.25**
**Side Salad 5.00**
**Homemade Coleslaw 2.95**

**Bowl of Olives 4.75**
*Whole mixed olives in extra virgin olive oil with rosemary and garlic*

## Dietary Requirements

GF - Gluten Free; GF+ - Gluten free option available; V - Vegetarian; VE - Vegan; VE+ - Vegan option available
Any further allergy and intolerance information is available on request. Please ask a member of staff for details.

THE KING ARTHUR Gower

www.kingarthurhotel.co.uk | 01792 390775 | info@kingarthurhotel.co.uk